

# Get the right care quickly





It's never a convenient time to get sick. But Optum Care Network-AppleCare offers you a large network of urgent care centers to choose from. You can get care after hours and even on weekends. Save time and money by choosing to visit an urgent care center.

#### Where to go for care



#### **Urgent care center**

#### Minor and moderate health issues

- Sore or strep throat
- Urinary tract and bladder infections
- Earaches and ear infections
- Cough, cold and flu, and minor fevers
- Allergies
- Skin problems including rashes and chicken pox
- Pink eye
- · Insect and animal bites
- Minor burns, cuts and scrapes
- Sprains and strains
- Migraines and headaches
- Back pain
- · Vomiting and diarrhea

Note: This is not a complete list of medical problems.



#### **Emergency room**

For life-threatening emergencies dial 911

#### Major health issues

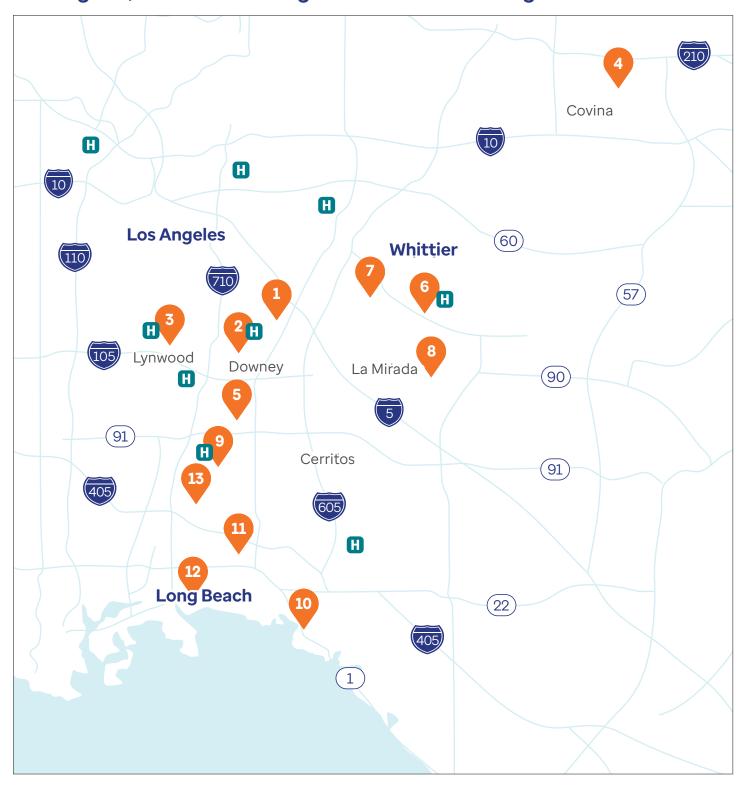
- Loss of consciousness
- Chest pain
- · Severe trouble breathing
- Sudden loss of vision, numbness or difficulty speaking
- Severe abdominal pain
- Coughing up or vomiting blood
- Severe bleeding
- Severe burns
- Head trauma
- Major broken bones
- Seizures or convulsions



To learn more, please call **1-800-460-5051**, TTY **711**, or visit **optum.com/applecare**.



### Los Angeles, Whittier and Long Beach and surrounding communities



#### **Los Angeles**

#### 1. AME Medical Group 8

8500 Florence Ave., Ste. 101 Downey, CA 90240 1-562-202-5020, TTY 711 Monday-Friday, 5-9 p.m. Saturday-Sunday, 10 a.m.-3 p.m.

#### 2. AME Medical Group

11938 Paramount Blvd. Downey, CA 90242 1-562-923-6060, TTY 711 Monday-Friday, 5-9 p.m. Saturday, 10 a.m.-5 p.m. Sunday, 11 a.m.-3 p.m.

#### 3. AME Medical Group

3525 Martin Luther King Jr. Blvd. Ste. 8 Lynwood, CA 90262 1-323-585-8876, TTY 711 Monday-Friday, 9 a.m.-8 p.m. Saturday, 10 a.m.-3 p.m.

#### 4. MedCove Urgent Care

20540 E. Arrow Hwy., Ste. B Covina, CA 91724 1-626-364-3245, TTY 711 Monday-Sunday, 9 a.m.-5 p.m.

#### 5. Reddy Urgent Care

8311 Alondra Blvd. Paramount, CA 90723 1-562-363-3057. TTY 711 Monday-Friday, 9 a.m.-7 p.m. Saturday-Sunday, 9 a.m.-4 p.m.

#### Whittier

#### 6. After Hours Medical Group

9200 Colima Rd., Ste. 101 Whittier, CA 90605 1-562-945-2128, TTY 711 Monday-Friday, 5-9 p.m. Saturday, 9 a.m.-2 p.m.

#### 7. AME Medical Group 🚳

12472 Washington Blvd. Whittier, CA 90602 1-714-451-2230, TTY 711 Monday-Friday, 9 a.m.-8 p.m. Saturday, 10 a.m.-3 p.m.

#### 8. Imperial Primary Care

15625 Imperial Hwy. La Mirada, CA 90638 1-562-902-3000, TTY 711 Mon., Tues., Thurs., Fri., 5-9 p.m. Wednesday, 9 a.m.-5 p.m. Saturday-Sunday, 8 a.m.-4 p.m.

#### **Long Beach**

#### 9. AME Medical Group

3300 S. St., Ste. 209 Long Beach, CA 90805 1-562-444-0022, TTY 711 Monday-Friday, 5-7 p.m. Saturday, 10 a.m.-2 p.m.

#### 10. Nair Urgent Care

6553 E. Pacific Coast Hwy. Long Beach, CA 90803 1-562-596-8700, TTY 711 Monday-Friday, 7 a.m.-8 p.m. Saturday-Sunday, 8 a.m.-4 p.m.

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2600 Redondo Ave. Long Beach, CA 90806 1-562-988-7268, TTY 711 Monday-Friday, 5-8 p.m. Saturday-Sunday, 8 a.m.-8 p.m.

#### 12. Reddy Urgent Care

123 Atlantic Ave. Long Beach, CA 90802 1-562-726-1383, TTY 711 Monday-Friday, 9 a.m.-7 p.m. Saturday-Sunday, 9 a.m.-4 p.m.

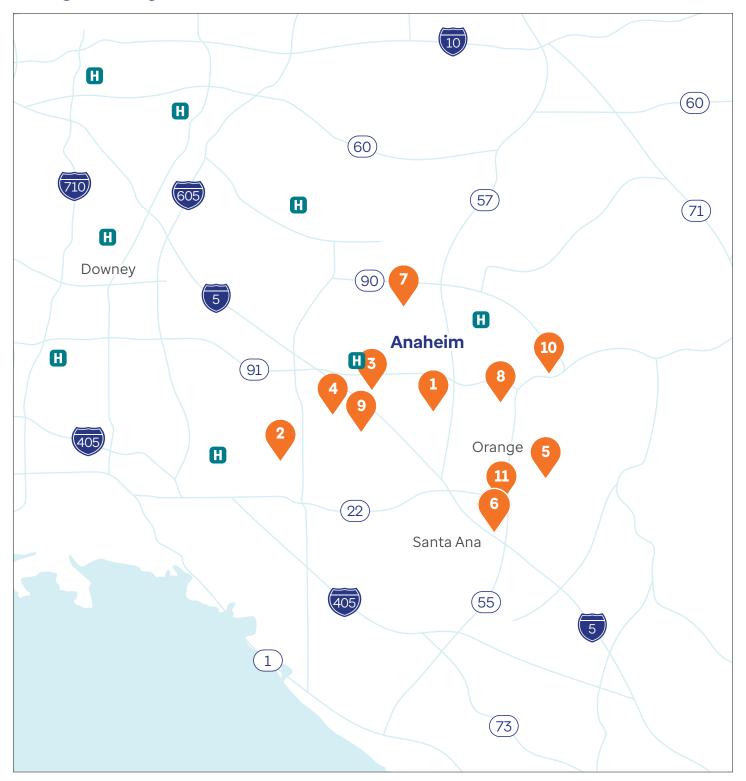
#### 13. Reddy Urgent Care

4237 Atlantic Ave. Long Beach, CA 90807 1-562-336-1656, TTY 711 Monday-Friday, 9 a.m.-7 p.m. Saturday-Sunday, 9 a.m.-4 p.m.



## Urgent care centers

### **Orange County**



#### **Orange County**

#### 1. Anaheim Urgent Care

831 S. State College Blvd. Anaheim, CA 92806 **1-714-533-2273,** TTY **711** Monday-Friday, 8 a.m.-8 p.m. Saturday-Sunday, 9 a.m.-5 p.m.

#### 2. Cypress Urgent Care • 8

6876 Katella Ave. Cypress, CA 90630 **1-714-903-8900,** TTY **711** Monday-Sunday, 8 a.m.-8 p.m.

#### 3. Gateway Urgent Care 8

1006 W. La Palma Ave. Anaheim, CA 92801 **1-714-778-3838,** TTY **711** Monday-Friday, 5-8 p.m. Saturday-Sunday, 9 a.m.-5 p.m.

#### 4. OC Urgent Care

631 S. Brookhurst St., Ste. 101 Anaheim, CA 92804 **1-714-991-5700**, TTY **711** Monday-Friday, 10 a.m.-8 p.m. Saturday-Sunday, 10 a.m.-6 p.m.

#### 5. OC Urgent Care

4720 E. Chapman Ave.
Orange, CA 92869 **1-714-771-7600**, TTY **711**Monday-Friday, 10 a.m.-6 p.m.
Saturday-Sunday, 10 a.m.-6 p.m.

#### 6. OC Urgent Care

2001 E. 4th St., Ste. 104 Santa Ana, CA 92705 **1-657-230-7800,** TTY **711** Monday-Friday, 10 a.m.-8 p.m. Saturday-Sunday, 10 a.m.-6 p.m.

#### 7. Pacific Urgent Care

1006 E. Bastanchury Rd. Fullerton, CA 92835 **1-714-255-1790,** TTY **711** Monday-Friday, 5-8 p.m. Saturday, 8 a.m.-8 p.m.

## 8. Pacific Urgent Care & Family Medicine

1520 Lincoln Ave. Orange, CA 92865 **1-714-921-3870**, TTY **711** Monday-Friday, 5-8 p.m. Saturday-Sunday, 8 a.m.-8 p.m.

#### 9. SoCal Urgent Care

710 S. Brookhurst St., Ste. A Anaheim, CA 92804 **1-714-494-1331**, TTY **711** Monday-Friday, 10-12 a.m. Saturday-Sunday, 24 hours

#### 10. Sunrise Medical Group 10 80

5475 E. La Palma Ave., Ste. 100 Anaheim, CA 92807 **1-714-970-0911,** TTY **711** Monday-Friday, 7 a.m.-7 p.m. Saturday-Sunday, 9 a.m.-5 p.m.

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867 S. Tustin St.
Orange, CA 92866 **1-714-771-1420**, TTY **711**Monday-Friday, 5-10 p.m.
Saturday-Sunday, 9 a.m.-5 p.m.

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## **Optum**

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請注意 : 如果您說中文 (Chinese) , 我們免費為您提供語言協助服務 。 請致電 : 1-800-460-5051, TTY 711。

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